



Deutsche Gesellschaft für  
Psychiatrie und Psychotherapie,  
Psychosomatik und  
Nervenheilkunde e.V.



Deutsches Netzwerk  
Versorgungsforschung e.V.



DEUTSCHE GESELLSCHAFT  
FÜR SOZIALMEDIZIN  
UND PRÄVENTION

## Save the date: Vortrag am Welttag für Seelische Gesundheit, 10. Oktober, via Zoom

Liebe Kolleginnen, liebe Kollegen,

der Fachbereich Public Mental Health der DGPH, die Arbeitsgruppe Public Mental Health der DGSMP und das Referat Psychosoziale Versorgungsforschung und Public Mental Health der DGPPN laden Sie ein zu einem Vortrag am Welttag der Seelischen Gesundheit, **Dienstag, 10. Oktober, ab 12 Uhr** via Zoom:

### **Dr. Jennifer Dykxhoorn**

Senior Research Fellow

UCL Division of Psychiatry, University College London (UCL)

### **Developing a conceptual framework for public mental health**

#### **Biography**



Dr. Jennifer Dykxhoorn is a psychiatric epidemiologist and public mental health expert, currently working as a Senior Research Fellow at University College London (UCL). Dr. Dykxhoorn has an MSc and PhD in psychiatric epidemiology and was the programme manager of the NIHR-funded Public Mental Health Programme. She currently holds a prestigious NIHR Advanced Fellowship to continue her research in the social and spatial determinants of mental illness in socially excluded populations. More information can be found at <https://www.mentalhealthepi.com/>.

## **Abstract**

Public mental health, broadly defined, is the science and art of promoting mental health and preventing mental illness, and supporting those with mental health problems. Over the past decades, research has identified numerous factors which influence mental health, but we have been lacking a comprehensive conceptual framework.

We set out to identify develop a conceptual framework for public mental health, which brought together knowledge from the academic literature, policy documents, and stakeholder consultations. We identified 55 determinants of public mental health across four domains: individual, family, community, and structural, which we summarized on an interactive website: [www.publicmentalhealth.com](http://www.publicmentalhealth.com).

The conceptual framework summarizes our current state of knowledge on the determinants of public mental health. Importantly, it brings together academic literature, practitioner perspectives, and public views into a meaningful framework. This framework can shape our understanding of the causes of mental health in the population and provide conceptual grounding for research and practice.

## **Über Zoom teilnehmen**

Dienstag, 10. Oktober 2023, 12 – 13 Uhr

Nehmen Sie per Computer, Tablet oder Smartphone teil:

<https://zi-mannheim-de.zoom.us/j/94987704383?pwd=TForWHdORjdGVWNpRnpmTkN3emFWQT09>

**Meeting ID:** 949 8770 4383

**Zugangscode:** 755090

Sie können sich auch per Telefon einwählen:

**Nummer:** +49 69 3807 9884

Wir freuen uns auf einen anregenden Vortrag und ein großes Publikum!

Ihr Organisationsteam

Prof. Dr. Ulrich Reininghaus, Mannheim

Prof. Dr. med. Steffi Riedel-Heller, Leipzig

Prof. Dr. Georg Schomerus, Leipzig